

*Dear Father in Heaven,*

*The ultrasound filled me with so much shame and fear, but when I held my baby that was healthy and unaffected by my drugs, everything for me broke down. He was a gift, not something I did in my own power. My child made me look at who I am. (Tiffany1) You interceded in my life and pulled everyone from it to get my attention. I felt a new power when responsible for providing something better for my children. (Cora) It was through the eyes of my child that I came to know You and your plan for me. Thank you for that gift and for not forsaking me. I received a blessing from you when you gave me beautiful children. (Milica)*

*Until I met you, I had no way to understand how to face my feelings of abandonment and hopelessness (Tabatha), the emptiness and loss of purpose. I didn't want to live a life like this anymore; I'd rather die. (Tiffany1) I didn't know how to ask for help. I was too scared, broken, weak and vulnerable. (Ellie) I ran and spent nine months in county. (Tiffany1) I almost went to prison. (Rebecca) I had no concept of who I was when using. I felt powerless, small and in general threatened when I opened my heart. (Tiffany1) I used relationships with men to fill my heart. (Rebecca) I was trapped in alcoholism and only through your Grace my life turned around. (Melissa) There was a fear of the unknown; what's going to happen, who am I going to be? (Rebecca) Your hand and your gentle voice whispering to me and loving me brought me back to life. (Chris) I found my real self. I found my calling after you let me go through all this stuff to be the person I am today. (Tiffany2) We can live in love or we can live in fear. When I was drinking I was living in fear. In the soft warm glow of recovery, I live in your love, and love always wins. (Lisa)*

*The disease of alcohol or drug addiction does not discriminate. (Elizabeth) I drank to make the stress go away, to make the fear go away; to tell the truth, I was scared. (Andrea) It was more important to numb my feelings than to be sober and present. (Holly) I admit loss of control. (Tiffany1) I was lost in my own world. (Claudia) I was there; but I wasn't. I broke promises. I drank over the shame my drinking caused. (Lisa) When I felt good, I got drunk. When I felt bad, I got drunk. When I was in pain, I got drunk. (Milica) I could not stop drinking on my own. I was very sick. (Kate) I never realized how much pain I caused. (Valene) I am sorry. (Patricia) Forgive me for drinking. I'm a frustrated alcoholic. (Milica) I want to apologize and thank you for the strength to fight back. (Rachel) I am blessed to have a second chance. (Debbie) I can give my kids a chance too. (Cora) Through your grace I was accepted into rehab. (Britanni). A second chance is undoubtedly a gift from you. Thank you for your forgiveness. (Nangie) Your wisdom helped me to know you better, Ephesians 1:17. (Susan)*

*You knew what you were doing when you gave me my child. (Melissa) A true gift from you. (Terry) A gift from heaven to earth to be with me. (Chris) Lord, my child is the reason I chose to be sober and to recover. (Andrea) Recovery is possible. (Jo) I promise on my soul to do my best. (Maria) I am resilient. (Tiffany1) I feel that you have granted me another purpose in life. It's an honor to have my son now. (Cora) Mama has made some mistakes, but you gave me a second chance and this time I will not fail because I am*

smarter and wiser now. (Tamera) I thank you every day for blessing me with the most beautiful role in life - being a mother. (Claire) Thank you for making me a mother, I know you have great plans for us. (Serenity) I am blessed to be a mother. (Jo) I will train my child the way they should go, so when they are old, they will not turn from it - Proverbs 22:6. (Leno) I want to give back. (Rebecca) I want to give back. (Tiffany2)

This disease isn't one that goes away, but with You out there, with a wonderful plan for me, I will see your light in the darkest hours. (Chelsey) Although I am an addict and this is part of my life, rehab will help to keep me focused. (Tiffany2) I have a choice to be a victim to my circumstances or overcome and become strong. (Tiffany1) We all have self-will and need to use it. You can get me through anything and I need to take action. I have to do the work, and it is work! (Rebecca) It's a process. (Tiffany1) Thank you for providing a loving community who understands and helps me find freedom from this disease. (Ellie) Treatment helped me to talk about my situation and history. Thank you for bringing someone into my life who told me her success story and encouraged me that if she can do it, I can do it. (Tiffany1) I am not alone, others have something similar. I heard what I needed to hear and I can be re-taught. (Cora) I have said many times how sorry and regretful I am for the many poor choices I made while active in my addiction. (Nangie) By your grace I got healthy. I will spend the rest of my life amending my actions. (Nikki) Praise God I got sober. (Rebecca) Thank you for saving me. (Claudia) I didn't know there was something different. (Cora)

We are fighting against ourselves to try to overcome something we don't understand to be something we don't understand. (Tiffany1) Alcoholism is a cunning and baffling disease. The day I hit bottom and surrendered, begging for help, is a day I am forever grateful for. (Kate) It is only through your power and grace that I am now restored to being a healthy, happy, loving mother. (Amanda) It's a miracle. (Rebecca) Thank you for the prayers that saved my life and drew me closer to you. (Nikki) Today I am recovering. Today I am present. Today I am sober. (Lisa) At your will my illness will be in remission, FOREVER (Valene). Faith will lead me home. (Polly)

I wrote lots of letters home with my heart written down. (Tiffany1) I have notes in a God Box. (Rebecca) I have written two hundred plus letters for help. (Cora) If I only knew that you were the one to help me through, I would have delivered this letter sooner. Today you are my #1. (Cora) In your Word, Lord, 1 John 4:18, you have taught me that there is no fear in love; but perfect love casts out fear. Thank you for loving me unconditionally and for helping me recover from the disease of addiction. (Elizabeth) Recovery is something to celebrate, not be ashamed of. (Lisa) Not everyone stays an addict; you have a choice. There is hope for anyone; if you want it. (Tiffany2)

With all my love,  
Your daughter,